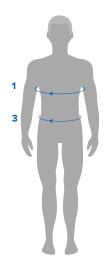
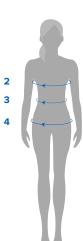


Mens Size Guide	The belo	The below size chart is a 'To Fit' guide					
SIZE	Chest (cm)	Inches	Waist (cm)	Inches			
XS	86	34	71-76	28-30			
S	94	37	76-81	30-32			
M	102	40	81-86	32-34			
L	110	43	86-91	34-36			
XL	115	45	91-96	36-38			
2XL	120	47	96-101	38-40			
3XL	125	49	101-106	40-42			
4XL	130	51	106-111	42-44			



Womens Size Guide The below size chart is a 'To Fit' guide							
SIZE/UK	Bust (cm)	Waist (cm)	Inches	Hip (cm)	Inches		
XXS/6	87	64-69	25-27	82-86	321/4-333/4		
XS/8	91	69-74	27-29	86-90	33¾-35½		
S/10	95	74-79	29-31	90-94	351/2-37		
M/12	99	79-84	31-33	94-98	37-381/2		
L/14	103	84-89	33-35	98-102	381/2-40		
XL/16	107	89-94	35-37	102-106	40-413/4		
2XL/18	111	94-99	37-39	106-110	413/4-431/4		
3XL/20	115	99-104	39-41	110-114	431/4-443/4		



Youth Size Guide	The below size chart is a guide and measurements are not 'To Fit'					
SIZE	AGE	CHEST (cm)				
YXS	5-6	77-79				
YS	7-8	83-85				
YM	9-10	87-89				
YL	11-12	92-94				



Measurement Tips:

- **1. CHEST:** Measure around the largest part of your chest. Be sure not to pull the measuring tape too taut.
- **2. BUST:** Measure around the fullest part of the bust, across your shoulders blades.
- 3. WAIST: Measure around your natural waistline and ensure the measuring tape is taut.
- **4. HIP:** Stand with your feet together and measure around the widest part of your hips. Ensure measuring tape is taut.

Please note the above measurements are body measurements (excluding Youth sizes). The fit of our garments depends on the cut, fabric and the style of the garment therefore the above size charts are just a guide and all measurements are approximate.